



# STATE OF TENNESSEE

## DEPARTMENT OF HUMAN RESOURCES

### CLASS SPECIFICATION

Class Title: <b>RECREATION THERAPIST 1</b>			Abbreviation: <b>REC THERS 1</b>
Class Code: <b>72631</b>	OCC Code: <b>7</b>	Analyst: <b>EX</b>	Effective Date: <b>March 1, 1990</b>

**SUMMARY:** Under general supervision, is responsible for professional recreation therapy duties of routine through average difficulty; and performs related work as required.

**DISTINGUISHING FEATURES:** This is the entry-working class in the recreation therapy sub-series. An employee in this class conducts recreational activities, therapies and programs for individuals engaged in recreational therapy. This class differs from Recreational Therapist 2 in that an incumbent of the latter performs work of a more responsible nature.

#### EXAMPLES OF DUTIES AND RESPONSIBILITIES

1. Assesses the skill level, ability, and interests of individuals engaged in recreation therapy and the behaviors of individuals engaged in group recreational activities under the direction of an experienced professional-level therapist; identifies psychosocial, behavioral, or physical problems of individuals.
2. May develop therapeutic treatment plans; identifies goals and objectives for individuals engaged in recreational therapy relying upon individual assessments, personal observations, referrals, and treatment team findings.
3. Implements activities in a therapeutic plan in order to develop psychosocial skills, independent living skills, or physical development of individuals engaged in recreational therapy.
4. Observes the individual engaged in recreational therapy; provides input and information to other therapists about the effectiveness of individuals adapting to recreational therapy.
5. Implements various recreational activities in such human interest areas as games, sports, athletics, special events, arts and crafts, volunteer work and hobbies; may plan and coordinate the recreational activities of individuals engaged in therapy.
6. Records the progress and reactions of individuals engaged in recreational therapeutic activities; may evaluate progress data of individuals.
7. Maintains care and storage of recreational equipment and supplies; reports any equipment which needs repairing or any shortage of supplies to the supervisor.



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Page 2

8. Assures that departmental/facility policy is carried out as recreation therapy is being implemented.
9. May be assigned paraprofessional personnel to train and assist in carrying out therapeutic programs.

#### **MINIMUM QUALIFICATIONS**

**Education and Experience:** Graduation from an accredited college or university with a bachelor's degree in rehabilitation services recreation, recreation therapy, psychology, education, sociology, allied health or mental health/human services; qualifying full-time experience in recreation, teaching, or in providing aid or assistance to disabled individuals may be substituted for the required education, on a year-for-year basis, to a maximum of four years.

**Necessary Special Qualifications:** None.

**EXAMINATION METHOD:** Education and Experience, 100%, for Career Service positions.